



# 2013 C.A.R.E. 5K & 10K Run and Walk Registration Form

PLEASE FILL OUT A REGISTRATION FORM FOR EACH ENTRANT:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Birth Date \_\_\_\_\_ Age on 05-04-13: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

**SHIRT SIZE (circle one)**

Youth Small

Youth Medium

Youth Large

Adult Small

Adult Medium

Adult Large

Adult X-Large

Adult XX-Large

Adult XXX-Large

**SELECT AN EVENT:**

10K Run

5K Run

5K Walk

**FEE**

**AMOUNT**

**ENCLOSED**

Before 4-20    \$20                    \$ \_\_\_\_\_

After 4-20     \$25                    \$ \_\_\_\_\_

Donation to My Angel Foundation    \$ \_\_\_\_\_

(\*Indicate donation amount on check)

**TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_**

Make check payable to My Angel Foundation. Do not mail after April 20, 2013.

Return this form, race waiver and registration fee to:

**My Angel Foundation, P.O. BOX 1223, Waukegan, IA 50263-1223**

# C.A.R.E. 5K & 10K Race Waiver

## PHOTOGRAPHIC RELEASE

I give my full consent and permission to C.A.R.E. 5K & 10K, its affiliates (as defined below), their sponsors and corporate sponsors, their successors, licensees, and assigns the irrevocable right to use, for any purpose whatsoever and without compensation, any photographs, videotapes, audiotapes, or other recordings of me that are made during the course of this event (the "Event").

## WAIVER AND RELEASE OF CLAIMS

I understand that my consent to these provisions is given in consideration for being permitted to participate in this Event. I further understand that I may be removed from this competition if I do not follow all the rules of this Event. I am a voluntary participant in this Event, and in good physical condition. I know that this Event is a potentially hazardous activity and I hereby voluntarily assume full and complete responsibility for, and the risk of, any injury or accident that may occur during my participation in this Event or while on the premises of this Event. I, for myself, my next of kin, my MINOR children that attend the Event, my heirs, administrators, and executors, hereby release and hold harmless and covenant not to file suit against My Angel Foundation, Inc. D/B/A C.A.R.E. 5K & 10K, their Affiliates and any affiliated individuals, any Event sponsors and their agents and employees, and all other persons or entities associated with this Event, (collectively, the "Releasees") for any injury or damages I might suffer in connection with my participation in this Event or while on the premises of this Event. This release applies to any and all loss, liability, or claims I may have arising out of my participation in this Event, including but not limited to, personal injury or damage suffered by me or others, whether such losses, liabilities, or claims be caused by falls, contact with and/or the actions of other participants, contact with fixed or non-fixed objects, contact with animals, conditions of the premises of the Event, negligence of the Releasees, risks not known to me or not reasonably foreseeable at this time, or otherwise.

This Photographic Release and Waiver and Release of Claims (collectively, the "Release") shall be construed under the laws of the state in which the Event is held.

I understand that I have given up substantial rights by signing this Release, and have signed it freely and voluntarily without any inducement, assurance or guarantee being made to me and intend my signature to be a complete and unconditional release of liability to the greatest extent allowed by law.

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Signature

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Date

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Parent's Signature (if under 18 years of age)